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# VELOSITOL®

## MUSCLE GROWTH ACTIVATOR

Velositol® is a patented complex of Amylopectin and Chromium that is designed to work as protein's perfect partner. Velositol, when used with whey protein, plant protein, or branched chain amino acids, significantly amplifies their impact on muscle protein synthesis (MPS). Velositol has been clinically shown to improve strength and enhance jumping power, increase muscle endurance, and double squat reps to failure<sup>1</sup>.

1 In a clinical study with 15g of whey protein

**50+** PATENTS AND PENDING  
APPLICATIONS WORLDWIDE

**41+** SUPPORTING RESEARCH STUDIES TO  
SUPPORT SAFETY AND EFFICACY

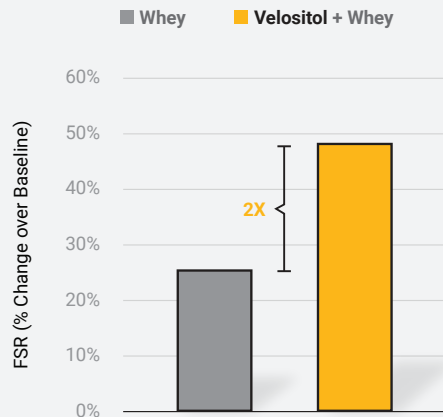
**25+** CONSUMER  
BRANDS

# HOW DOES VELOSITOL® WORK?

Velositol's highly soluble amylopectin stimulates insulin's safe and controlled release, while chromium enhances insulin function and increases muscle cells' sensitivity to it. A single dose of Velositol added to protein is clinically shown to increase muscle protein synthesis significantly more than protein and exercise alone<sup>2</sup>. Velositol has also been shown to be effective in enhancing MPS with both plant proteins and BCAAs<sup>3</sup>.

## VELOSITOL + PROTEIN INCREASES MUSCLE PROTEIN SYNTHESIS (MPS)

MPS as Measured by Fractional Synthesis Rate (FSR)



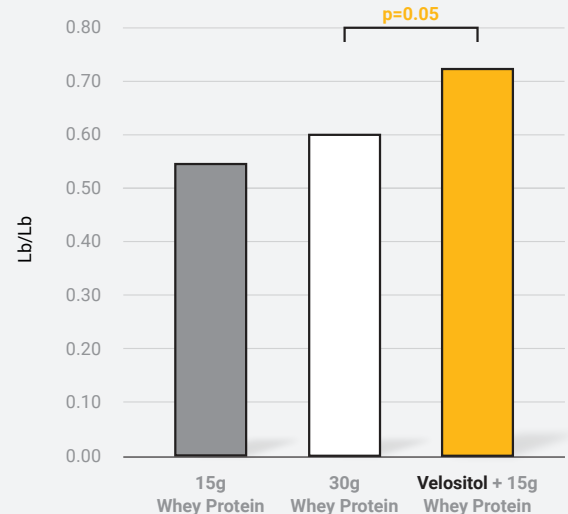
There was a 24% increase in MPS above baseline when whey protein was added to exercise.

The significant increase in MPS achieved with the addition of Velositol was double that seen with protein alone (48% increase over baseline)

**VELOSITOL DOUBLES MPS WHEN COMBINED WITH 6g OF WHEY PROTEIN AND EXERCISE**

## VELOSITOL INCREASES STRENGTH

Change in Squat 1 Rep Max (RM)  
(Baseline to Week 8) (Normalized to Body Mass)



Results were adjusted per lb body mass.

**VELOSITOL SIGNIFICANTLY INCREASED STRENGTH BY 20 LBS. IN SQUAT 1 REP MAX OVER 30g WHEY PROTEIN ALONE**

## RESULTS YOU CAN FEEL



### AMPED UP STRENGTH & POWER

Velositol improves strength and enhances jumping power and doubles squat reps to failure<sup>1</sup>



### DOUBLE YOUR POWER

Velositol doubles the impact and power of protein after a single dose<sup>2</sup>



### BOOST PERFORMANCE

Velositol unlocks the potential of protein to enhance muscle protein synthesis activity after exercise<sup>2</sup>



### OPTIMIZE BODY COMPOSITION

Velositol helps to maintain healthy blood lipid metabolism and a healthier, leaner body when used with a healthy diet and exercise



### RECOVER FASTER

Velositol increases MPS, which plays a role in quicker muscle recovery<sup>2</sup>