

Media Contact
Becky Wright
bwright@nutrition21.com
201-675-0197



FOR IMMEDIATE RELEASE
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Nutrition21 to Present at the NutraIngredients-USA Sports & Active Nutrition Summit in San Diego

Katie Emerson from Nutrition21 Will Make the Connection Between Science-Backed Innovation and Sports Nutrition

Saddle Brook, NJ: At the upcoming NutraIngredients-USA Sports & Active Nutrition Summit on February 16th, 2023, at 9:05 am PST, Katie Emerson, MS, RD, LDN, Manager of Scientific Affairs for Nutrition21, LLC (“Nutrition21”), will present:

“Innovating for the Modern Consumer: The Link Between Sports Nutrition and Science-Backed Ingredients.”

According to Emerson, “Today’s consumers are discerning, making clinical research behind active-nutrition and nootropic ingredients even more important. Nutrition21 continues to strongly invest in a robust clinical research program and routinely publishes peer-reviewed studies throughout the year. This enables brand marketers to develop science-backed products with substantiated claims.



Katie Emerson, MS, RD, LDN

Nutrition21 is a Diamond Sponsor of the summit, which will be held at the Hyatt Regency Mission Bay Hotel, in San Diego, California from February 15–17, 2023.

Nutrition21 is also hosting a roundtable lunch on the topic, “Formulating for Cognitive Health Benefits in Sports Nutrition.”

The summit will bring together industry and research professionals in the sports and active nutrition space to bridge the gaps between cutting-edge science, business strategy, and key regulatory developments.

The three-day summit will feature expert presentations, dynamic panel discussions, a variety of networking opportunities and the latest “must-have insights into the

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worlds of sports and active nutrition.”

Information on registering for the event can be found [here](#).

About Nutrition21, LLC

Nutrition21 is an industry-leading developer and marketer of efficacious, high-value, clinically substantiated ingredients for use in dietary supplements, functional foods and beverages. With decades of experience, the company’s scientific platform has continued to create unique, patented products that are both safe and clinically effective. To build consumer trust, Nutrition21 ensures product efficacy and safety through a product development process that involves rigorous preclinical and clinical research. The company currently holds over 100 domestic and international issued and pending patents for its ingredients which support unique claims associated with sports nutrition, weight management, cognitive health, and beauty-from-within, among others.

For more information on Nutrition21 visit: www.Nutrition21.com

About Katie Emerson

Katie is a registered and Licensed Dietitian and holds a bachelor's degree in science education and a master’s degree in Nutrition and Dietetics with a concentration in sports nutrition. She has experience working with collegiate athletes from the University of Miami; tactical and first-responder personnel — including the Broward County Sheriff’s Office, SWAT team and firefighters — and level-one trauma patients in the hospital setting. She is currently the manager of Scientific Affairs at Nutrition21, where she works with the R&D team on creating innovative and novel ingredients along with the appropriate pre-clinical and clinical models to test safety, efficacy and performance measures.

For more information on Nutrition21 visit: www.Nutrition21.com

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